

2009 BULLDOG100 5K

NAME

LAST _____ **FIRST** _____

DATE OF BIRTH _____

AGE _____

ADDRESS

SHIRT SIZE S M L XL

CIRCLE ONE 5K RUN ONE MILE WALK

WHEN: SATURDAY MAY 30
WHERE: IN FRONT OF THE A&M
BUILDING AT THE TEXARKANA
COLLEGE CAMPUS
ARRIVE AT 7:00 a.m.
(if not pre-registered)
RACE IS AT 7:30 a.m.

RELEASE

I know that running and volunteering to work at club races are potentially hazardous activities. I should not enter and run in this race unless I am medically able and properly trained. I assume all risks associated with running and volunteering to run and or work at club races including, but not limited to, falls, contact with other participants, the effects of the weather, including high heat or humidity, the conditions of the road and traffic on the course, all such risks being known and appreciated by me. Having read this waiver and knowing these facts, and in consideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release Texarkana College, the city of Texarkana, Texas, ArkansasRunner.com, The Texarkana Running Club and all sponsors, their representatives and successors from all claims or liabilities of any kind arising out of my participation in the race or club activity even though liability may arise out of negligence or carelessness on the part of the persons named in this waiver. I grant permission to all the foregoing to use any photographs, motion pictures, recordings, or any other record of this event for any legitimate purpose.

SIGNATURE: _____ **DATE:** _____

PARENT SIGNATURE IF UNDER 18 YEARS _____

Checks are to be made payable to:
TEXARKANA COLLEGE BULLDOG100
2500 N. Robison Rd. Texarkana, TX 75599

\$12 pre-registered by or on May 30, 2009

\$15 on race day

\$5 Kids 12 and under before May 30, 2009 and **\$10** on race day.

One form per entrant. All Applications **MUST** be signed. The event will occur rain or shine. We reserve the right to cancel in extreme circumstances. In that event, there will be no refunds and your entry fee will be used as a donation to the Rising Star Scholarship